

TIPS SHEET /CHINESE

Token Boards for Behavior 101

行为训练指示板101

TIPS:

- only use rewards that are special, short term and very motivating for a child
- if a phone or ipad is your child's reward then it should only be for a 3-5 minute game/video
- you can also use visual timers so a child can see how much longer they need to do something before they are finished
- here are some examples of free visual timers: <http://www.online-stopwatch.com/classroom-timers/>

贴士:

- 给予孩子的奖励必须是特别的、短期的且有激发性的
- 如果iphone 和 ipad是作为对孩子的奖励，那么也只能是3-5分钟左右的游戏或者视频
- 你可以用可视性的计时器，这样孩子们就会知道在他们将需要花多久的时间来完成训练
- 这个网站有一些免费可视性的计时器样品：<http://www.online-stopwatch.com/classroom-timers/>